

Amanda does gymnastics...

...and Alex likes karate.



Can kids have strokes? **YES!**

Hi, we're Alex and Amanda,
and we're six years old.

We're twins, which makes us different from other kids –
but there's something else that makes us special.

Both of us had strokes when we were little babies.

Today, we each have a brace on one of our legs,
but we're lucky – we can still run and play like other kids.

We both started kindergarten this year, too.

We're best friends and mom and dad say we're lucky to have each other.
But we know other kids can have strokes, too, and we want to help them.

Will you help stroke survivors, too?



American Heart Association® | American Stroke Association®

*Learn and Live.*SM

To help other survivors like us, join the You're The Cure advocacy network.
Call 1-888-4-STROKE or visit www.americanheart.org/yourethecure.